

Clues to Intuitive Abilities and Sensitivity

Are any of these situations familiar?

- Thinking about a person, right before they call you.
- Having a bad feeling or sense of dread, before you discover the cause. Example: You have upset stomach stress feeling before going to work. When you arrive, you learn about a favorite coworker who has had a serious accident.
- Thinking about a person (friend) and feeling concern, with a strong urge to contact them. Later, finding out that the person was having a hard time, or was thinking of you.
- You are with a person. A random thought or topic comes to your mind. Then, the other person starts talking about that thought or topic.
- Knowing some information before you are told. Example: You notice a subtle difference about your friend and ask if she is in love. Surprised, she says, "Yes! How did you know?" Then, she tells you about her new love relationship.
- Experiencing sensations that other people do not, while in a historic or old place. Feeling intense emotion, like sadness, fear, or agitation. Also, a sudden change in temperature, like a cold wind. Seeing something or someone moving out of the corner of your eye. Hearing subtle voices. Feeling like there are other people in a place, who you cannot see or hear. You are sensitive to the energy of the place.
- Perhaps you are lost on your way to a new place, and you get a strong feeling or 'know' clearly which direction to go. Your intuition is guiding you.
- You are not sure the reason, but you turn down an invitation to go out with a friend. Later you find out that someone you do not get along with was also there. You sensed and avoided an unpleasant encounter.
- Feeling a sudden and unusual body sensation in a specific part of your body, perhaps heart anxiety, slight headache, aching knee, or sore neck. You are with a person, or thinking about someone you care about, and then you learn that person is having exact same and real body issue. As soon as you understand that your intuition is sensing the other person, you feel normal again.
- When you meet a person and immediately have a strong sense that you should not trust them. Later, their behavior proves you are right. (This is different than past life memory).

Your sensitivity and intuition are strong, but perhaps not fine tuned or fully trusted.